

IT'S A BIRD! IT'S A PLANE! IT'S SUPER SENSITIVE MAN!

THE LATEST INCARNATION OF THE MAN OF STEEL HAS FEELINGS JUST LIKE US, ACTOR HENRY CAVILL SAYS PAGE 15



From Russia with hate

A bill that stigmatizes gay people won overwhelming approval in Russia's lower house of parliament MAGET

Hurting more than helping?

Birth-control pills Yaz and Yasmin have been linked to at least 23 deaths, according to Health Canada



Jail guards abusing inmates: Report



Ombudsman Andre Marin at the Ontario legislature in Toronto on Tuesday, following the release of his report into jail-guard brutality. Marin said some correctional staff are beating prisoners, then falsifying reports or otherwise covering up their actions. Behind him is a photo of an Ottawa inmate whose injuries at the hands of a jail guard were highlighted in the report. More coverage, page 3. COLIN PERKEL/THE CANADIAN PRESS

'Code of silence.' Attack on mentally ill Ottawa inmate cited in scathing report on Ontario jails

A mentally ill inmate was the victim of a violent attack at the Ottawa Carleton Detention Centre, according to a report by Ontario's ombudsman, who is warning that the province's jail guards are brutalizing inmates and then covering up the abuse.

In a report released yesterday, Andre Marin slams what he calls the "code of silence" around the problem.

His report says some correctional staff have committed "brazen acts of violence."

He says they then destroy or falsify evidence and intimidate colleagues who try to blow the whistle.

Among the cases cited in the report is that of "Colin," who the report says was "repeatedly kicked in the head and torso by a correctional officer on Oct. 23, 2010

"During the assault, Colin was lying face down on the ground, restrained by other officers, his hands cuffed behind his back and his legs in shackles. Colin was left with multiple facial lacerations, con-

tusions and abrasions. His eye was swollen shut," the report says.

The report says guards at the jail initially stood behind the officer, but their stories unravelled after the Ontario government sent in investigators. The report says the officer involved was fired and criminally charged with the assault after four guards recanted and admitted to witnessing the attack.

Marin makes 45 recommendations urging the government to end what he calls a "dysfunctional culture."

He says the Ministry of Community Safety and Correctional Services must focus on "malignant" peer pressure among some correctional officers.

"It is important to remember that inmates, regardless of why they are incarcerated, are human beings deserving of respect, dignity and humane treatment," Marin said.

The report says the ministry confirmed excessive force was used against inmates in 26 of 55 cases it investigated.

The result of those investigations was discipline against 108 staff, including 31 firings.

Four officers face criminal charges, and one has been convicted.

SEAN MCKIBBON/METRO,
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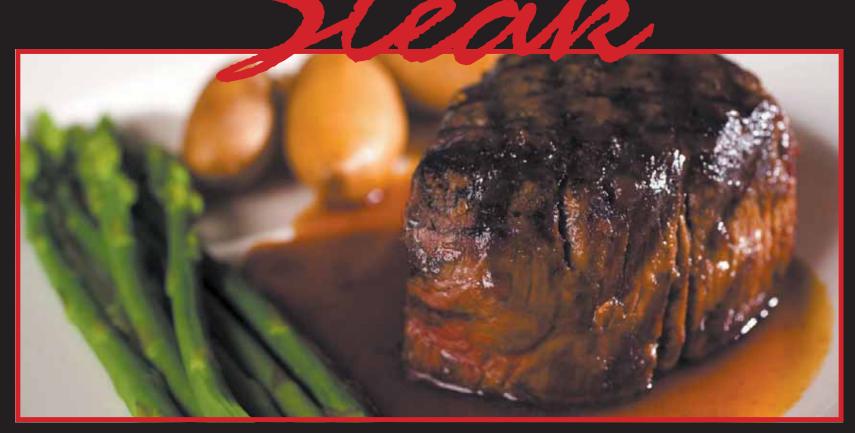
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228 Preston Street 613-565-3279 www.bigeasys.ca metronews.ca Wednesday, June 12, 2013

Fundraising walk

Fighting ALS — one step at a time

Local supporters of people living with ALS will hold a five-kilometre fundraising walk Saturday at 10 a.m. at the Canadian War museum. Funds raised will help provide equipment, support services and education for the ALS community. METRO

Good governance

ByWard Market may get new study

Ottawa's planning committee is recommending council approve a \$50,000 study into the governance structure of the ByWard Market. The market is currently overseen by the city's community and protective services branch.

ALEX BOUTLIER/METRO

Richmond Underground

City to show off tweaks to LRT line

City hall will unveil tweaks to the Richmond Underground, its preferred option for a westward LRT expansion, on Thursday. Residents have concerns about visibility, noise and access to the Ottawa River and greenery north of the track. ALEX BOUTLIER/METRO

\$2.1-billion project

Lender found for the Confed Line

Rideau Transit Group, the consortium charged with constructing Ottawa's new light-rail line, has made a deal with the Bank of New York Mellon Corp. to act as the project's "collateral agent, insurance trustee and financial model custodian." ALEX BOUTLIER/METRO

LRT construction

No right turns from Nicholas to Laurier

Right turns onto Laurier Avenue from Nicholas Street will no longer be allowed beginning this Thursday as construction continues on the Confederation LRT Line. The realignment is expected to be complete in early July. ALEX BOUTLIER/METRO

Furious Pete to annihilate meat at this year's Ribfest

Six-minute pulled-pork challenge. YouTube star went from anorexic to fitness nut and pro eater



JOE LOFARO joe.lofaro@metronews.ca

Famished downtown workers won't be the only ones scarfing down a plate of saucy pulled pork on Sparks Street for the opening day of Ribfest this year as organizers have brought YouTube star "Furious Pete" to try his hand at setting another meat-eating record.

The 27-year-old from Mississauga, whose real name is Peter Czerwinski, will compete against all challengers at eating the most pulled pork in six minutes.

Czerwinski holds the world record for eating a 72-ounce steak in the fastest time: six minutes and 48 seconds.

"I'm normally a nice guy by day, but when you put food in front of me I turn furious," he told Metro in a telephone interview Tuesday.

At 16, however, his life was consumed by quite the

opposite extreme.

In December 2002, Czerwinski was hospitalized for anorexia. He weighed 120 pounds and was six feet tall.

He said he used food as a form of control while his parents were sick and he was dealing with a cancer scare. He says it took him three years to recover and now gorging is just something he does as part of work.

Today he weighs 235, is a fitness buff with 10 per cent body fat, hosts a German reality show and has a master's in engineering from McMaster University

Czerwinski boasts five Guinness World Records and about 100 world records, including fastest time to eat a raw onion: 43 seconds.

He's eaten a sheep's brain, camel hump and toad stomachs.

"You'll taste the food for the first minute, then you just focus on getting it down,"

Does the food ever come back up?

"Sometimes it does, sometimes it doesn't."

Visitors to Ribfest can catch him on the Parliamentary Pub patio June 19 at 6 p.m. The festival itself runs June 19-23.



Lawyers fuming over report on inmate abuse



The "culture of secrecy" around prisoner abuse at an Ottawa jail, revealed in an Ontario Ombudsman's report on Tuesday, hampers prisoner rehabilitation, defence lawyers argued.

"The people who are subject to these abuses are in the worst position to bring the matter forward and pursue any recourse," said Michael Spratt, a criminal defence lawyer

and member of the Defence Counsel Association of Ottawa (DCAO).

"This report exposes the tip of this iceberg. I suspect there is an underreporting of these incidents."

The report by ombudsman Andre Marin details correctional officers' abuse and subsequent attempts to cover up excessive use of force against prisoners across Ontario.

"It's shocking in this day and age, completely shocking, that there aren't proper procedures for documenting these incidents," said Spratt.

He pointed out that correctional officers prepare their reports together as a group, "not something you see with the police and other fields."

With these abuses, the jus-

tice system becomes discredited in the eyes of inmates and sidetracks any chance at rehabilitation, said Spratt.

Spratt and DCAO president James Foord called for Justice Ontario to enact four recommendations in the report with respect to investigations of complaints, recruiting and surveillance equipment and training. GRAHAM LANKTREE/METRO

metronews.ca
Wednesday, June 12, 2013

Joining police a 'monumental' experience, officer says

Badge ceremony.

Woman who served in Afghanistan among new recruits welcomed by Ottawa force



The Ottawa Police Service grew by 14 officers on Tuesday at a wallet badge ceremony in the west end, including one female officer who served in Afghanistan.

Paige Madden, 29, officially became a constable with the force after reading her valedictorian speech at Centurion Event and Conference Centre and having her badge handed to her by Chief Charles Bordeleau. After the event, the petite

woman with a bright smile said policing was always in her blood.

"I came from a former profession in the Canadian Army and have always considered myself to be ingrained in the modules of protection and service," she said.

Madden, a native of Windsor, has a degree in criminology from the University of Ottawa, and in 2010 she served in Afghanistan. While her stint as a patrol officer in the Central Division will be markedly different from her role in the Middle East, in certain ways it's the same, she said.

"You still need to wake up every day ready for the challenges that lay before you, whether they're domestic or international. It really is a job like any other."

In her speech she de-

scribed how she kept pestering the police force's human-resources department to find out her status.

"It's a long and arduous process through the recruitment phase. It took 16 months to get hired and (it was) worth every day," she said, adding the ceremony was a "monumental" experience for her.

She is one of eight people hired as police officers for the first time. Her colleague, Const. Sathieyenthira Balasundaram, is one of six experienced police officers who came from other forces.

"Being a police officer is not about a feeling of power," Balasundaram said in his valedictorian speech. "It's a

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powerful feeling."



Author drinks to Ottawa's 200-year beer history, one brew at a time

Craft beer has a nearly 200-year history in Ottawa, and beer enthusiast and Brew North author Ian Coutts will take you through it, one brew at a time, on Wednesday as he swigs five beers from Canada's past.

During the building of the Rideau Canal, completed in 1832, the drink of choice was "brown ale," which was uncarbonated, Coutts said. As brewing became more sophisticated, porters started turning up, followed by India pale ales and lagers, which were the real sign of industrialization in the city.

"Today, we're living in the golden age. There are more breweries in Canada today than even 100 years ago," he said

Ottawa has more than 12 craft breweries that have sprung up in the past five years, but before the turn of the century the biggest name in town was E.P. Taylor, whose inherited Brading Brewery at 830 Wellington St. was a forerunner to Labatt and Molson.

In Canada, Prohibition was



Ian Coutts, author of Brew North, will speak about the history of brewing in Ottawa and across Canada tonight at 7 p.m. at the Heart and Crown Pub.

a piecemeal affair, so when provincial anti-drinking laws came down at the turn of the century, "Brading was able to survive because they could sell into Quebec," Coutts said. Taylor was a clever businessman and began consolidating more than 20 breweries that weren't brewing at capacity because of the new laws, creating Canadian Breweries Ltd.

"This started the first national brands," Coutts said, pointing out that Taylor cre-

ated Red Cap, a brand still around today. "Molson and Labatt started to see this as the way to go, bought their own breweries and came up with national brands."

Coutts will share his tales of Ottawa and Canada's brewing past as part of Heritage Ottawa's lecture series on Wednesday at 7 p.m. at the Heart and Crown Pub (67 Clarence St. in the ByWard Market). Admission is free.

GRAHAM LANKTREE/METRO



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Wednesday, June 12, 2013

Birth-control pills linked to 23 deaths: Report

Yaz and Yasmin.

Health Canada report claims 600 instances of adverse reactions from popular contraceptives

The birth-control pills Yaz and Yasmin have been linked to the deaths of at least 23 Canadian women, the youngest just 14 years old, Health Canada documents say.

The deaths are among about 600 adverse reactions reported among women taking the contraceptives between 2007 and Feb. 28 of this year, Health Canada confirmed Tuesday.

Doctors and pharmacists who submitted the reports to the Canada Vigilance Program said Yaz and Yasmin are suspected in the 23 deaths. The reports say most of the women died suddenly after developing blood clots, a known risk with the pills.

Since 2007, Health Canada said the program has received reports of adverse reactions among 333 women taking Yasmin and 267 women prescribed Yaz.

Among those cases were 15 deaths linked to Yasmin and eight to Yaz. More than half of the women who died were under age 26, with the youngest being a 14-year-old girl. Most deaths reportedly occurred soon after the women started taking the drugs.

Yaz and Yasmin are both

Yaz and Yasmin are both made by Bayer and are often characterized as "newer-generation" birth-control pills.

THE CANADIAN PRESS

Causation vs. correlation

Health Canada said reports of adverse reactions cannot be interpreted as showing cause and effect.

- "Often it is not possible to determine if an adverse reaction reported to Health Canada is a result of using a specific health product," the department said by email.
 "Other factors contributing to the AR could be a person's health conditions or other health products ..."
- Bayer says the pills are safe and effective when used as directed.



Protests rage in Turkey's Taksim Square

Hundreds of riot police overran improvised barricades at Istanbul's Taksim Square on Tuesday, firing tear gas — as seen here — rubber bullets and water cannons in running battles with protesters who have been occupying the area for more than a week. The police raid, which came on the 12th day of nationwide anti-government protests, sparked clashes with groups of demonstrators well into the afternoon. Many other protesters fled into the adjacent Gezi Park, where hundreds have been camping out to stop developers from cutting down trees in the Dark LAM TIE FEIGHTY IMAGES.



metronews.ca Wednesday, June 12, 2013 **NEWS**



Russian lawmakers pass anti-gay education bill

Human rights. Vote underscores nation's widespread hostility toward homosexuality

A bill that stigmatizes gay people and bans giving children any information about homosexuality won overwhelming approval Tuesday in Russia's lower house of parlia-

Hours before the State Duma passed the Kremlinbacked law in a 436-0 vote with one abstention, more than two dozen protesters were attacked by hundreds of anti-gay activists and then detained by

The bill banning the "propaganda of nontraditional sexual

Explicit text messages allegedly

from a Calgary teenager to his

ex-girlfriend have lead police to

lay child pornography and ha-

investigators Tuesday morning,

relies on a rarely used provi-

sion of the Criminal Code of

Canada, admitted Alberta Law

Enforcement Response Teams

(ALERT) Staff Sgt. John Guigon;

however, he hopes it sends a

The case, made public by

rassment charges.

message to others.

Cops sending a message. Alleged sexting leads to child porn charges for teen

"Russia is trying very hard to make discrimination look respectable by calling it 'tradition.'"

Graeme Reid, LGBT- rights program director at Human Rights Watch

relations" still needs to be passed by the appointed upper house and signed into law by President Vladimir Putin, but neither step is in doubt.

The measure is part of an effort to promote traditional Russian values instead of Western liberalism, which the Kremlin and the Russian Orthodox Church see as corrupting Russian youth and contributing to the protests against Putin's rule. THE ASSOCIATED PRESS

U.S. privacy scandal

Civil-rights groups go after NSA

Two prominent civil-rights groups have filed a lawsuit against the National Security Agency over its program that reportedly collects the telephone records of millions of American customers of

The American Civil Liberties Union and the New York Civil Liberties Union say in a

lawsuit filed in federal court Tuesday that the program violates First Amendment rights of free speech and association. It also alleges the program violates Fourth Amendment rights to privacy.

The lawsuit additionally alleges the government's program exceeds Congress' authority.

President Barack Obama has defended the program and says privacy must be balanced with security.

THE ASSOCIATED PRESS

Mumbai

Son of Bollywood actors accused of abetting suicide

The son of a Bollywood couple has been arrested on suspicion of abetting the suicide of his girlfriend, actress Jiah Khan, police said.

Suraj Pancholi was arrested late Monday.

Police confirmed Khan, 25, committed suicide at her



home in Mumbai last week. A letter she wrote alleges that Pancholi cheated on her, physically abused her

and forced her to have an abortion.

Pancholi's parents are Aditya Pancholi and Zarina Wahab. THE ASSOCIATED PRESS

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Guigon said the case also serves as an example of why 613-736-8212

parents should pay attention to their child's activities online.

IEREMY NOLAIS/METRO IN CALGARY

"Everything you do on the

The 15-year-old teen alleged-

Internet leaves a footprint,"

ly sent a series of messages

both in February and again in

late May using an iPod and an

account owned by one of his

Guigon said.

parents.

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metroews.ca Wednesday, June 12, 2013

Mayor proposes \$20B plan to protect N.Y.C.

Storms and floods.

Levees, removable walls, flood gates part of Bloomberg's ambitious proposals

Removable flood walls would be set up for much of lower Manhattan, a levee up to six metres would guard part of Staten Island and a system of gates and levees would protect a Brooklyn creek as part of a nearly \$20-billion plan that Mayor Michael Bloomberg proposed Tuesday to transform how New York City girds itself for storms and global warming.

Bloomberg's proposals also include building dunes on Staten Island and the Rockaways, firming up the shoreline with bulkheads in various neighbourhoods and building a levee and new "Seaport City" development at the South Street Seaport that would echo nearby Battery Park City.

The mayor is also suggesting giving \$1.2 billion in grants to property owners to flood-proof their buildings and \$50 million to nursing homes to improve theirs; making hospitals even in rarely flooded areas upgrade their pumps and electrical

An unsettling future

By the 2050s, it's projected, 800,000 people in New York City could be living in a flood zone that would cover one-quarter of the land.

equipment; and expanding beaches and marshes, among other ideas. THE ASSOCIATED PRESS



Cheeky problem

Town to ban droopy drawers on boardwalk

Mayor Ernest Troiano Jr. thinks he's found a way to put one of this Jersey shore resort town's problems behind it. Wildwood is set to pass a law Wednesday regulating how people dress on its boardwalk. But the provision that has gained widespread attention is a prohibition on pants that sag more than 3 inches below the hips.

Meatless Mondays

Meat sales surge for Vancouver butcher shop

Vancouver's West Broadway Meat Co. saw a 15 per cent increase in sales Monday, the same day the city encouraged Vancouverites to eat vegetarian in support of a global movement called Meatless Mondays. The trend was fuelled by a public butchering of a 350-pound water buffalo, attended by a crowd of animal-rights protesters.

ELIZABETH HAMES/FOR METRO



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Squirrels untwirled

The Animal Clinic of Regina got a surprise this week when a city worker brought in six squirrels fused together by their tails. Although uncommon, the veterinarian community has a term for it — squirrel king — since the rodents move together as one giant squirrel when their tails are entangled. The animals were sedated, as seen above, their tails were separated and afterwards their tails were shaved of matted fur and cleaned, as seen below. ANIMAL CLINIC OF REGINALIZACE BOOK

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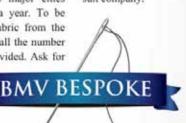
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metronews.ca Wednesday, June 12, 2013 metr⊕ **BUSINESS**

Make that 4 in a row: Poll counts episodes in an average TV binge

Glued to the couch.

Marathon viewing is 'transformational' trend in television industry

Canadians' growing appetite for binging on episodes of their favourite TV shows represents a "transformational" trend that's shaking up the industry, says Rogers, which released the results of an online poll Tuesday.

In the survey of 1,275 Canadians conducted by Head Research, viewers were asked how many episodes of a show they went through consecutively during a binge-watching session on a weeknight or on a weekend.

The average during the week was four straight episodes and it was 4.6 on weekends.

The figures weren't surprising to David Purdy, Rogers' sen-



ior vice-president of content, who said binge viewing is a major trend the company is paying close attention to.

on a weeknight is four straight ep sodes of a show, a new study has

found. GETTY IMAGES FILE FOR NETFLIX

"We're kind of in the beginning of what we think is a major transformational stage in the TV world, so we have a ton of questions and we're doing a lot of research these days,"

said Purdy, noting that young people in particular have been identified as big fans of mara-

When asked how many episodes of a show they watched consecutively during a viewing binge, the respondents who were 34 and younger averaged 5.4 episodes on a weeknight and 6.6 episodes on a weekend. Among those 55 and older, the averages were 3.2 on a weeknight and 3.3 episodes on a weekend.

"A lot of it is based on life stage, so if you're younger and more tech-savvy you're more likely to have adopted marathon viewing or binge viewing than if you're an older demographic," said Purdy.

He said the company is looking to address the trend by rolling out a Netflix-type ondemand service that would be sold as an add-on to a monthly subscription. THE CANADIAN PRESS



What's a Waze worth? If you're Google, a cool \$1B

Ben Gleitzman uses a traffic and navigation app called Waze on his iPhone as he drives to work in Menlo Park. Calif., in this March 2012 photo. Google is buying Waze in a \$1.03-billion US deal that keeps a potentially valuable tool away from its rivals while gaining technology that could improve the accuracy of its own popular navigation system, the company said Tuesday. THE ASSOCIATED PRESS FILE

Warehouse system

LCBO contract is a year late, \$425K over budget

An LCBO contract to create an automated warehouse system for keg beer and speciality products is more than a year overdue and \$425,000 over budget.

The system was competitively tendered in 2011, with the contract originally awarded to Tecsys Inc. for \$1.55 million. "Tecsys ended up being the winner, both in overall capacity and in price," LCBO's Hugh Kelly, senior vice-president of information technology, said in July 2011 after six firms bid on the contract.

Almost two years later the system isn't in place. The IT department had to go back to the LCBO's board to ask for another \$425,000 in unexpected costs.

The Tecsys system replaces a warehousing system, created in the late 1990s, that allows customers to place special orders for products not otherwise available at LCBO locations. THE CANADIAN PRESS

CEO's surprise exit marks 'time of turmoil and change' for Lululemon

The fallout from the latest wardrobe malfunction at Lululemon Athletica Inc. continued Tuesday as the stock plunged following news that the woman who helped build the company's reputation plans to

Chief executive Christine Day's announcement late Monday came as a surprise to most and overshadowed better-thanexpected earnings at the athletic clothing retailer.

BMO Capital Markets analyst John Morris said the company is now in the midst of a "time of turmoil and change" as it prepares for the next stage in its expansion while fixing some past problems.

Lululemon has soared to a level of unprecedented success



in recent years by exploiting a retail category that was practically untapped when it first hit the scene. Much of the growth was encouraged by Day, who took an active role in building the company with a grassroots marketing campaign that rallied customers with instore yoga classes and other community events.

However, a number of stum-

Lululemon is still struggling to overcome the recall earlier this year that saw the company yank about 17 per cent of its black Luon yoga pants from store shelves for being too sheer. The company blamed the problem on a style change and production problems.

bles in quality control have raised questions about whether she would be the right person to lead a global expansion of the company into China and Europe. THE CANADIAN PRESS

12,223.57 (-159.10)

Employment forecast. Hiring for third quarter less rosy than year ago

The latest Manpower Employment Outlook survey found that Canadian hiring prospects for the third quarter are slightly less positive than a year ago.

The survey is based on interviews with more than 1,900 employers in Canada. It found that 21 per cent of respondents expected to add employees in the July-September quarter.

That's down two percentage points from 23 per cent in the survey covering the third quarter of 2012.

In both years, most employers expected no change. However, Manpower's seasonally adjusted measure

Of the 1,900 employers surveyed, 21 per cent expected to add employees between July and September. That's down from 23 per cent in the third quarter of 2012.

declined to nine per cent a drop of three percentage points from a year ago and from the previous quarter.

The transportation and public utilities sector showed the most positive hiring outlook and manufacturers showed the least positive hiring intentions. THE CANADIAN PRESS

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Market Minute



Natural gas: \$3.72 US (-8¢)

Dow Jones: 15,122.02 (-116.57)

\$95.38 US (-39¢)



Malaysia

Petronas to spend up to \$16B on B.C. export facility

Malaysian national oil company Petronas expects to spend up to \$16 billion to build a liquefied natural gas export facility and related

infrastructure in Western

The company says it will invest between \$9 billion and \$11 billion to construct two LNG liquefaction plants near B.C.'s west coast. A further \$5 billion will be invested in a 750 kilometrelong pipeline to supply gas to the two plants.

THE ASSOCIATED PRESS

metronews.ca Wednesday, June 12, 2013 **VOICES**

HOW MY POOR HEART ACHES

Every breath you take Every move you make Every bond you break Every step you take I'll be watching you . . . The Police For some reason I can't get that song out of my

Maybe that's because it turns out to be massively prophetic. The Police are watching every move I make — and every move you make, too. And the "police" in question are not Sting; they are the mother of all police: The National Security Agency.

Every phone call and digital interaction ever made for the past seven years. Not just in the United States, but whatever's on the servers of Microsoft, Google, Apple, Facebook and YouTube.

So if you're me and you rely on Microsoft Exchange for your email, and download it onto your iPhone and iPad, the police are



Paul Sullivan

metronews.ca

recording every etc., and they're doing it over and over again on multiple servers.

They must be sick of me by now. But let me tell you, not as sick of me as I am of them. And here's why:

1) "They" (Big Brother, The Man, The Police, Sting, whatever) have all this information and they still can't prevent a couple of terrorist-goofs from some obscure former Soviet Republic from blowing up the Boston Marathon. The more we learn about these two, the more it was obvious they were a threat to themselves and anyone not on their freakish wavelength — and the NSA was all over their freakish wavelength. So where are we going with this?

2) "They" tell nobody nothing, er, anything. They have secret court orders compelling Internet and phone companies to fork over data, the details of which remain secret. If some guy named Edward Snowden hadn't decided to go public

with this information, we'd still be accessing the Sports Illustrated Online Swimsuit Edition in a fool's paradise of assumed privacy. Meanwhile, the Speaker of the U.S. House of Representatives calls Snowden a "traitor" for his pains. Let me just say: Ed, this fool thinks you're a hero.

3) "They" appear to answer to no one except the President, and he doesn't care. Nobody is listening to your telephone calls, says Obama. They're only monitoring them for the numbers called and the duration. Oh, is that all. Fortunately, I haven't made any hour-long calls to Kyrgyzstan lately.

4) "They" are proving just because you're a conspiracy theorist, that doesn't mean they're not out to get you. Paranoia is just another word for: You think you've got nothing left to lose? You don't really know, do you?

5) "They" rule the world. Knowledge is power. All knowledge is all power. You think Google's a killer program? Imagine what they're running at the NSA. I'm just so glad the Taliban aren't in charge at the NSA.

At least, I don't think they are...

ZOOM

head

Jesus Christ, breakdance superstar



MATT CARDY/GETTY IMAGES

Sacred street art

A giant mural depicting a breakdancing Jesus — shown here with its artist. Cosmo Sarson — has been unveiled in Bristol, England. Breakdancing Jesus, which took four days to paint and involved a kilo of glitter, was inspired by an event in the Vatican in 2004 where breakdancers performed to an applauding Pope John Paul II. METRO

Q and A

Two cultures fuse



SARSON

You drew inspiration from breakdancers who performed for Pope John Paul II. But what's the message behind your mural?

It's not intended to be any sort of religious propaganda it's meant to be humorous. In a way, the mural is poking fun at Western religion. However, even within Christianity, at the wedding at Cana for instance, there would have been dancing. I would say it's a fusion of two cultures: The world of hip hop, which

breakdancing is a part of, and Christianity.

You could say the mural is a modern take of an amazing Christ, no?

Yeah, I would be really pleased with that interpretation. I think if John Paul II were alive today and saw this, he would love it.





With news that the **U.S.** government has been snooping on your favourite Internet services. Metro takes a look at some alternatives to help you keep your business to yourself.



Twitter:

Although nearly as popular as Facebook the 140-character service wasn't included on the list of companies being datamined by Uncle Sam. As well, the Electronic Frontier Foundation recently gave the site full marks for protecting its users from government monitoring

DuckDuckGo:

gle, this little search engine doesn't collect any data on its users

Ubuntu Phone:

With Apple and Android phones crossed off the list, there's always Blackberry. However, if you're not a fan of the company formerly known as RIM, give Ubuntu Phone a spin. It's based on the most popular version of the Linux operating system, and could be available for certain handsets this fall.

RE: Why The !@#\$ Can't I Swear? Published June 11

I am surprised that she cannot figure out that it is inappropriate to swear in a family restaurant with kids present! I was in the military for 21 years and can swear better than most, but I'm smart enough to figure out when and where to do it.

As for the father who reprimanded Jessica and her BF, good

Her comments are a representation of everything that is wrong with this world; that people are too selfcentred and don't care about anyone else, even when they are wrong.

Jeff Taylor, Ottawa

Jessica Napier seems to suggest that foul language in public places is an acceptable norm and her recent reprimand by a father at an adjacent table at a restaurant was an over-thetop reaction in today's world.

Yes I agree. Foul language seems to be an accepted norm in many young people's communication, but I don't agree it is a step for the better or part of a licence to free speech. As she says, it often comes from laziness and probably from a lack of, dare I say, more appropriate language skills. I, for one, don't wish to hear swearing in a restaurant, on buses, in malls, or anywhere else just because 20 somethings can get away with it.

Bob Hawkins, Ottawa

VE WANT TO HEAR FROM YOU: end us your comments: ottawaletters@metronews.ca



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The scene and th

Sensitivity behind the Steel

Interview. The new Superman speaks to Metro about how this superhero is vulnerable and realistic — as real as someone who flies, at least

NED EHRBAR

Iron Man gets the best jokes. Batman gets the best films. Wonder Woman gets the best plane (invisible!). Now 75-years-old, the galaxy's most famous Kryptonian is back in Man of Steel, a grounded take on the icon, directed by Zack Watchmen Snyder.

In the film — an origin story — the young alien is scuttled to Earth, grows up, meets a girl (Amy Adams) and defends our planet from the evil General Zod (Michael Shannon).

He also mopes around. A lot. In a tonal continuation of The Dark Knight series, our hero has feelings, and they add an extra dimension that the creators (including producer Christopher Nolan) hope make the character less boring and more relevant.

Henry Cavill, a British actor best known for TV's The Tudors, stars as the Man of Steel. In a one on one, we asked him why he's not so steely after all.

We've gone from squarejawed demigods to heroes that have to show vulnerability or a flaw. What do you think of that progres-

Well, when they were initially conceived, we needed them — desperately. We needed them to be strongjawed superheroes — the classic hands-on-hips, nothing can touch me, bullets bouncing off them. I mean, when Superman first came around we were out of First World War, and Second World War is sort of creeping up and we needed those guys who could flit around the place and do wonderful things, and we could fantasize about all the world's problems being solved.

And now?

And now they've evolved into a more modern, more realistic thing to go with the times, so that the stories are still interesting. People these days don't find the im-



movable object interesting — the untouchable thing and the hero who will always win. We want to think that maybe our hero will lose, but then he wins. We must be able to associate with them. They've become less of a fantasy and more of an ideal to strive towards.

What do you think audiences need from superheroes now?

It's the same thing we've always needed, which is that sense of hope. There's always something going wrong in the world. It just shifts depending on the generation. And it's always nice to have that fantasy of there's someone who's going to fix everything. It's beating the odds, and that's been the same with mytho-

logical characters since the dawn of time, since we could think up gods — good gods and bad gods. Nothing has changed in the human psyche. We still need that.

What has Man of Steel done to make him more relatable?

We've given him a very human essence. As much as he's not susceptible to the frailties of the human physical body, he's very much susceptible to the frailties of the human psyche, and that is what really makes us in touch with someone else, makes us go, 'I know your pain' or, 'Yeah, I've felt that happy before.' That's how we associate with people, and in this we've brought that to the character.

Henry who?

- Age. 30
- From. Jersey, off the coast of Normandy (he's British)
- You know him from. The Tudors
- He was considered for. Cedric Diggory in Harry Potter; Edward Cullen in Twilight; James Bond in Casino Royale; Superman in Superman Returns
- How being an actor is like being Superman. "It's a

lonely existence, and that I could pour straight into the character. And also that search for acceptance."

 Did Man of Steel soar or fall to earth with critics? Go to Metronews.ca to read Metro's very own Matt Prigge's review of the newest Superman movie. Pick up Metro this Friday to get the Reel Guys' unique and funny take on the film.

The Dark Knight director Christopher Nolan produced Man of Steel and has made the DC Comics world feel tethered to reality more than to cartoons.

It ties in very much with the evolution of the superhero. We need to see them in a real-world setting. It helps us to feel more and to be a part of the story if we base it in realism, and that's important to me. I've never played this sort of, 'OK, I'm going to talk (in a low, gravelly voice) all of a sudden.' If I heard someone talking that way, I'd look at them funny and say, 'Are you OK? Do you need to sit

perhaps?' Because they sound like a crazy person. And I've always played my characters that way. Playing Superman was no different. I wanted to play him as a realistic being, just with these incredible powers, and that was up

down? Have some water,

There's been a great deal of talk about plans for a Justice League movie. Do you

to CGI to fix

for me.

natural sense of competition with the Avengers, which is owned by rival company

I mean, of course there's going to be a sense of competition because it's groups of superheroes coming together, of course there is. I don't like to think of it as competition. But people will naturally put the two together as competitors.

Eventually there has to be a World Cup of Superheroes. Right (laughs).

So who would win?

OK. The difference between the Marvel heroes and the DC heroes is that DC heroes are godlike, all of them, where Marvel heroes, you might get one like Thor but otherwise they're very human. So

in a head to head... who knows? I mean...

You can take sides.

No, I'm not going to pick a side because I don't think it's fair... anything can happen. A plan never survives first contact. But it would be very cool

metronews.ca SCENE 15

The many faces of a hero called Superman

Not the only one left from his planet.

There have been many incarnations of the superhero character, but they always have a common thread



FOCUS
Richard Crouse
scene@metronews.ca

Superman is one of the most famous characters in all of pop culture and yet very few actors have played the Metropolis Marvel.

This weekend in Man of Steel the square-jawed Henry Cavill becomes the latest to bring the Last Son of Krypton to life on the big screen, joining a list that dates back to 1941 when Mel Blanc voiced the superhero in a cartoon called Goofy Groceries.

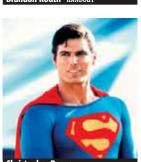
Bud Collyer next voiced Superman in a series of animated Oscar-nominated short films.

The actor played the character three separate times: on the radio, in this series and the late 1960s cartoon show The New Adventures of Superman.

The Collyer years brought with them some innovations to the character.

In June 1943, when the actor took some time off, the radio show's writers came up with the idea of kryptonite to



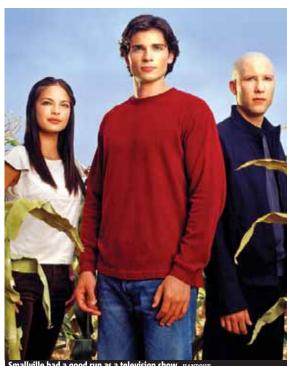


Typecast

Christopher Reeve, who was paralyzed after a horse riding accident, and passed away in 2004, once asked Sean Connery how to avoid being typecast.

 Connery said. "First you have to be good enough that they ask you to play it again and again."

explain his absence. While Bud sunned himself, the Big



S was held prisoner under a sheet of the radioactive element.

Six years later the comic books adopted the toxic ore and it has been part of Superman's story ever since.

Animators on the original series felt that Superman's ability to leap buildings in a single bound looked strange on screen, so with Detective Comics Inc.'s permission, they had him fly instead.

The first live-action Supermen were Kirk Alyn and George Reeves. Alyn was a Broadway actor who played the Man of Tomorrow in Atom Man vs. Superman, reportedly the highest grossing American movie serial ever, but couldn't sustain a career in film after he retired the

cape. In 1981 he starred in a spoof called Superbman: The Other Movie, partially set on Planet Krapton.

George Reeves became a mega star playing Superman in 102 episodes of Adventures of Superman, but later felt his popularity as the character inhibited his ability to earn more serious roles.

The Reeves biopic Holly-

woodland, starring Ben Affleck, examines the actor's life and mysterious death.

Others played Superman — John Newton, Gerard Christopher, Dean Cain, Tom Welling, and Brandon Routh — with varying degrees of success, but the best-known has to be Christopher Reeve, who starred in four Big Blue movies between 1978 to 1987.



metronews.ca Wednesday, June 12, 2013 metr⊕ 16 DISH



Bieber has no interest in making dreams come true at Disneyland

Justin Bieber apparently learned his lesson about acting his age after being booted from a Hollywood nightclub for being underage.

The next night, the 19-year-old pop star hit up Disneyland for a guys' night out, according to E! News.

Bieber "was surrounded by a lot of security. Half were like his personal security and the other half were from the theme park," a source says of the night out.

"He wouldn't let anyone talk to him and he was walking pretty fast."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Seth Rogen admits his Guilt Trip drove off a cliff

Seth Rogen isn't the biggest fan of some of his own work, joking to comedian Doug Benson that The Guilt Trip, his recent film with Barbra Streisand, is only suitable for viewing on

airplanes.

We shot that movie in the format that plays on airplanes only," Rogen says. He also offers a surpris-

ingly candid postmortem on The Green Hornet, his and co-writer Evan Goldberg's action comedy that disappointed both critically and financially, calling it the "perfect storm of bad sh- happening. Goldberg explains that we were making it for America and China at the same time.



Ellen getting paged on relationship rumours

Look at what an innocent photo can do. The East director Zal Batmanglij tweeted a picture over the weekend of co-stars Alexander Skarsgard and Ellen Page in an affectionate embrace along with the comment, "This reminds me of shooting.

The image sparked a slew of rumours that Skarsgard

and Page are dating, but multiple sources confirm to Us Weekly that they are not in fact an item. Of course, the pair had to shoot down similar speculation a year ago when they attended a Stanley Cup finals game together. "They're just two hockey fans," a source explained at the time.



No Glee in this household

Glee star Jane Lynch and her wife, Dr. Lara Embry, are divorcing, a source confirms to Us Weekly. Lynch and Embry met at a 2009 gala for the National Center for

Lesbian Rights and married a year later. Lynch, who is currently starring on Broadway in the revival of Annie, has reportedly moved out of the couple's Los Angeles home.



TyTy, I miss you, baby." The treadmill is calling my name. About to reunite. There will



@iohncusack

Perhaps the president and congress will let some of us decline our lojacks if we are good boys & girls and trust their angelic benevolence



@AmandaBynes

I only like @Drake because he's so ugly! His ugly cheeks at the EA conference! Fine he is not, but he knows he's ugly! I've spoken to him!





While Game of Thrones fans around the world have been in shock over recent events on the show, star Peter

Thrones

Dinklage remains unfazed. "That was, like, a year ago for me," he tells TMZ.

And he's not really caught up on the series, anyway.

"I don't watch the show," he admits. "I mean, I don't

OTTAWA © R News worth sharing.



We aren't as flush with water as we think we are

ANDRÉ VOSHART

That statistic you may have heard before — that Canada holds 20 per cent of the world's fresh water — may be too good to be true. According to a leading water expert, we are not as flush with water as we think we are.

"The myth of limitless abundance is the notion that Canadians have maintained that we have more water than anyone else in the world, and that we will never run out of it," says Robert Sandford, author of Cold Matters: The State and Fate of

Canada's Freshwater.

Canada has only 6.5 per cent of the world's supply — much less than Brazil and Russia and about the same as the United States.

"This myth allows us not to think about how we use water and what we do to it," Sandford says. "We turn on our taps and we expect it to be there."

He adds that the myth is perpetuated by reliable water supplies in urban areas and very cheap costs for delivery. More than two-thirds of the nation's fresh water is in the north, while 80 per cent of the population is in the south, where its needs are concentrated.

The perception of the Great Lakes as an infinite supply of fresh water is also skewed. Sierra Club Canada reports that, on average, only one per cent of the lakes' water is renewed annually by precipitation and inflow from rivers and groundwater.

"There are times when we don't have enough water to maintain agriculture, meet human water needs, (meet) industrial demands, and still keep the Great Lakes at levels necessary to permit optimal conditions for shipping," Sandford says.

Climate change is also beginning to have an enormous influence on the water supply, melt-

ing much of the "post-glacial hydrological wealth" in the Arctic and other northern regions. Additionally, Sandford says climate change is rearing its head in other ways. Since a warmer atmosphere holds more water and water levels are declining due to evaporation (such as in the Great Lakes), this increased vapour then fuels more extreme weather events.

The nation's water is on the move and Sandford explains it may not be there when we need it.

"As we can no longer take water for granted, we would be wise to dispel the myth of its limitless abundance."



Clean, fresh water for all Canadians.







Smart evolution

New meters are changing the way we think about water use



What will you do?

When a city faces a water problem, it's serious PAGEUW7

Water works

Water is precious and should be conserved. We have partnered with RBC Royal Bank to offer you inspiring reasons to use water wisely.



Clean, fresh water for all Canadians.



Singing in the rain

KERRY FREEK

In the natural water cycle, water seeps into the ground, evaporates into plants and the air, and makes its way to nearby waterways.

But where does rain go after a storm in the city?

A paved urban landscape changes the natural process. Water flows into storm drains, along the way collecting the garbage, road salt, and bacteria that pollutes our water. Storms can also cause overflows in sewers that weren't built to manage heavy rain. A 2012 national infrastructure report card estimates it would cost \$15.8 billion to replace Canada's poor stormwater infrastructure.

When sewers overflow, there's a greater chance of flooded basements in homes and businesses. More frequent and heavier storms have made water damage the leading cause of insurance claims in Canada. The cost

to taxpayers is steep, too — every year, billions of dollars are spent repairing the damage.

are specified and care, whether we're property owners or renters," says Christine Zimmer, manager of protection and restoration at Credit Valley Conservation in Ontario.

Zimmer offers these suggestions to make a difference:

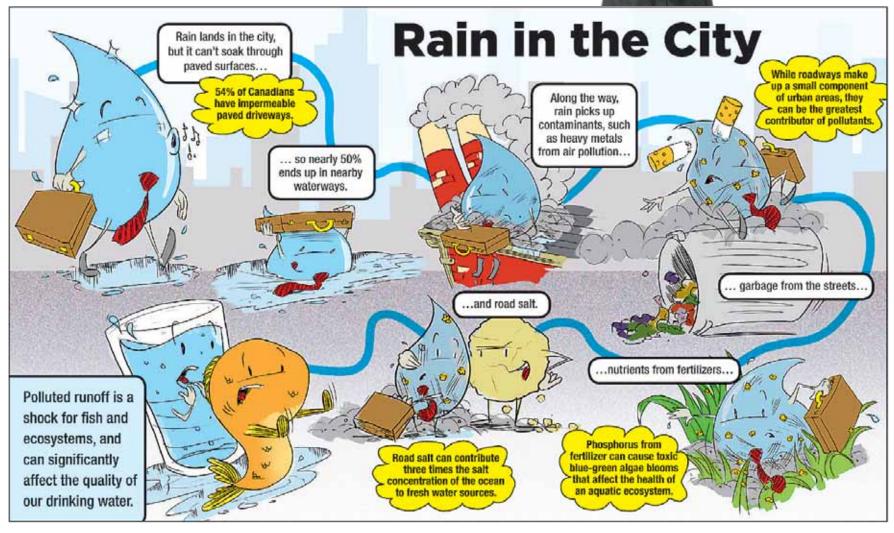
Disconnect your downspout. "Roof downspouts are often directly connected to storm sewers.
Disconnecting
them and
leading the
water to rain
barrels or rain
gardens can help
reduce instances of
basement flooding,'
she says.

Make paved areas as small as possible. According to the 2013 RBC Canadian Water Attitudes study, 60 per cent of 18-34-year-olds would give up a paved

driveway to help water management.

Use less fertilizer or none at all. Run-off col-

lects nutrients
from fertilizers,
such as nitrogen and
phosphorus, which
can cause toxic algae
blooms in waterways
and result in a weakened
aquatic ecosystem and more
frequent beach closures.



metr⊕ UW 4 FOCUS ON URBAN WATER metronews.ca Wednesday, June 12, 2013

Leaky business

Down the drain. Homeowners can be paying unwanted costs due to faulty faucets, toilets

KERRY FREEK

Are you more likely to repair an Internet connection or a leaky faucet? According to the 2013 RBC Canadian Water Attitudes Study, 75 per cent of Canadians would choose to call tech support before they dial the plumber.

But while you may lose a few hours of surfing without your Wi-Fi, you could be throwing away dollars on wasted water. Studies have found that homes can lose up to 76 cubic metres of water per year due to leaks. That's the volume of 76 small bar fridges.

Want to clear your waterwasting conscience? Here's how to locate and fix minor leaks

• Check your water bill. If your bill is higher than usual

and you think your household water use has remained more or less the same, it might be time to check for leaks. Don't worry — while some leaks require professional attention, not all have to end with an expensive invoice. For a list of reasons to call the plumber, visit bit.ly/TUwpnc.

• Put a stop to dripping faucets. A faucet leaking 60 drops a minute can waste up to 8,703 litres of water in one year, but can cost pennies to fix. Worn out washers may be the cause, and most hardware stores carry faucet repair kits that illustrate how to replace a washer. EPCOR, Edmonton's water utility, has videos on how to replace single- and double-stem faucets. Visit bit. ly/18EFUP2.

• Listen for leaky toilets. According to Environment Canada, a toilet that continues to

A faucet leaking 60 drops a minute can waste up to 8,703 litres of water in one year, but can cost pennies to fix. PAULI FLEET/VEER

run after flushing can waste up to 200,000 litres of water in one year. If you suspect a leak, add a few drops of food colouring to the tank. If the colour appears in the bowl, you could have a loose flapper valve. For a video demonstrating how to replace flapper valves at a low cost, see bit.ly/11IbVFL. Note: If the leak is around the base of the toilet, it's time to call a professional.

Keep in mind that leaks

aren't always easy to find. If you suspect a leak but can't locate the source, call your utility and ask for a residential water audit.



metronews.ca
Wednesday, June 12, 2013

FOCUS ON URBAN WATER UW 5

Greywater use gaining waves of support

ANDRÉ VOSHART

In many homes across Canada, all water is created equal — the water used to wash hair, flush toilets, and rinse dishes all comes from the same source. However, new technologies are helping green-minded citizens and developers curb Canada's wasteful water ways.

One approach looks at recycling "greywater," the waste water from showers, baths, and other sources not contaminated with sewage. Homeowners and builders can install greywater reuse systems, which will reclaim and purify the lightly used water in order to flush toilets. They are already in place in parts of the world where potable (drinkable) water is scarce, like the southwestern United States and Australia.

"To flush a toilet, you don't need the purist, filtered, pH-adjusted, UV-disinfected, and ozonated (or chlorinated) water in the world," says Chris Higgins of the Canada Green Building Council, an organization that certifies Leadership in Energy and Environmental Design (LEED) homes. He says



New technologies are helping green-minded citizens and developers curb Canada's wasteful water ways, including recycling "greywater," the waste water from showers, baths, and other sources not contaminated with sewage. VALUAA VITALY/VEER

flushing a toilet accounts for between a third and a quarter of water use in the average home, and "most clear, odourfree water will work." He says a Canada-wide adoption of reuse systems is low but growing

low, but growing.

"Areas with high water cost are much more likely to

adopt greywater reuse strategies," he says.

For example, Higgins lives in Vancouver, where his single-family home has no water meter, so he pays the same amount no matter how much he uses. But other municipalities present citizens with more of a reason to be water

You can reuse it

"To flush a toilet, you don't need the purist, filtered, pH-adjusted, UV-disinfected, and ozonated (or chlorinated) water in the world."

Chris Higgins, of the Canada Green Building Council

conscious: Edmonton charges both for water use by the litre and sewage by the litre, so in that case, "there are monthly cost savings using greywater," he says.

City planners in Guelph, Ont., have a goal to lower water use by 20 per cent by 2025. Wayne Galliher, the city's water conservation project manager, says new homes were using on average more water than homes 30 years their age and that's the reason the city launched Blue Built Homes, an initiative to encourage local builders to promote water efficiency in new buildings. In a study of the city's greywater systems, 25 participants were monitored, and average water demands dropped by 22.6 litres per capita per day.

WE'RE PROTECTING A DRINKABLE, SWIMMABLE, FISHABLE FUTURE.



metronews.ca Wednesday, June 12, 2013 metr⊕ UW₆ **FOCUS ON URBAN WATER**



Tapping into smart billing

ces. With their software,

ilar house-

Next evolution. Smart meters are changing the way Canadians are thinking about water use

KERRY **FREEK**

In the old days, you received a water bill — likely one based on a flat rate — and paid it, no matter how much water you used.

If your city had meters more than one-third of Canadian households still don't you might be billed for the actual volume of water you consumed, but it would be too late to understand and adjust your consumption patterns. Not only that, it might take several billing cycles to figure out if your home had a pesky, water-wasting leak.

"For years, it's been 'get water bill, pay bill, get

water, consume water," says Norm Daigle, executive vicepresident of Harris Utilities SmartWorks.

next evolution smart metering - is changing the way Canadians think about their consump-

With smart meters, measurements are more accurate, resulting in bills that better reflect actual use. Savvy utilities are taking things one step further, making those bills transparent and accessible in near real-time, so customers can fully understand how their household activities impact the bottom line.

Harris Utilities is one company that offers dynamic metering and billing servi-



holds, and provide

meaningful measurements. "With mobile phone billing, we know what a minute means," Daigle says. "But what's a cubic metre? Is it equivalent to watering my lawn? Feedback like that helps customers better understand their water use."

Ultimately, smart metering is about empowering the consumer. Gone are the days of the flat rate and

vague bills.

Dynamic billing brings the customers into the picture," Daigle says. "At the end of the day, it's customers who are making the decision to turn the taps on or off. They should be participants in achieving conservation objectives — that's the sweet spot."

Game of thirst

Water scarcity and severe droughts bring big conflicts to cities, but most of us aren't ready for such events, and some don't even want to think

So how do you engage people on such a serious topic? Make it fun, but keep it meaningful.

Last fall, British Columbia's Okanagan Water Basin Board (OBWB) proved it had the right idea. In partnership with Agriculture and Agri-Food Canada (AAFC) and the B.C. Ministry of Environment, OBWB brought together key players in government, as well as regional water suppliers, and reps from the agriculture, fisheries, and ranching communities to participate in a game about municipal thirst.

Facing drought is a growing necessity. In the United States, drought ranks second or third of natural disasters, depending on the year, in terms of economic impact. In Canada, dry periods are becoming more frequent and prolonged.

In the game, teams considered several scenarios with varying degrees of drought, quickly learning that any choice would impact water supply and, depending on how the scenarios are managed, could increase or reduce conflict within the community.

They also learned success comes down to collaboration, says Nelson Jatel of OBWB.

"In these situations, it's critical to communicate clearly and work together. The game allowed us to think through some of the complex partnerships that are key to surviving a drought." KERRY FREEK

EVERY DROP OF WATER COUNTS

When a city faces a water problem, it's serious

In May, a Montreal boil water advisory made headlines when it affected the availability of drinking water for more than 1.3 million people for two days. A few days later, a heavy downpour closed Toronto's Don Valley Parkway during morning rush hour, stalling the major route into the downtown business district. For the past few summers, cities in Canada's West have required emergency conservation bylaws during prolonged drought. The list continues

With projections for more frequent and severe impacts of climate change and an increasingly urbanized population — some say 80 per cent of the world will live in cities by 2030 — experts are expecting a great deal of stress on water management and supply.

Lynn Patterson, RBC's director of corporate responsibility, says that's one of the reasons why the RBC Blue Water Project recently changed its focus to support initiatives that help protect water in urban centres.

"So many people live and work in cities or urbanized areas, and they depend on water sources that are increasingly under stress," she says. "We must ensure that our water is swimmable, fishable and drinkable now and for generations to come because every drop of water counts."

Patterson says it can often feel like environmental problems are too big for individuals to solve. And sometimes they are.

"But individuals, families, and businesses can have an immediate impact on water. We can pick up litter, plan water-



MARCO LENSI/VEE

friendlier landscaping and fix leaking taps and pipes — simple changes in behaviour that actually make a difference right now."

In its first five years, the \$50-million RBC Blue Water Project had a broad scope, awarding more than half of its funding commitment to projects that focused on watershed protection. RBC's support for more than 500 organizations around the world includes almost 200

programs for elementary school students, 33 museum and gallery exhibits about water, 36 programs for farmers, and 44 programs to help Aboriginal people.

"We've done a lot of good work so far," Patterson says.

With this new focus, she hopes the RBC Blue Water Project will be able to reach even more people while addressing a significant emerging problem.

– Kerry Freek, Water Canada

PARTNERSHIPS BUBBLE UP TO PROTECT OUR WATER

OTTAWA RIVER JOURNEY HELPS SPAWN GREAT RIVER PROJECT

No single government agency is accountable for protecting the Ottawa River, says Meredith Brown, Ottawa Riverkeeper's executive director.

"Nor is there a management or conservation plan," she says. "That's why we started the Great River Project."

As part of the 2011 project, Brown

paddled the river in a series of five expeditions with an expert team of photographers, naturalists, historians, scientists and students. Along the way, they monitored water quality and met with several people who depend on the Ottawa River for different reasons.

The geographic span of the Ottawa River watershed provided a unique opportunity for the project. The river boasts 1,200 kilometres that spread over two provinces. Brown says Ottawa Riverkeeper is the only organization dealing with multiple jurisdictional boundaries—federal, provincial, municipal, and First Nations—in a Canadian watershed encompassing two provinces.

Thanks to support from the RBC Blue Water Project, the Great River Project was able to buy the water quality monitoring equipment. Brown and the team also held several public meetings along each route in an effort to encourage community building around watershed planning.

"The real success is the number of partnerships and networks that were created as a result of the journey," Brown says. "Ottawa Riverkeeper is focused on creating a swimmable, drinkable, fishable future in the Ottawa River watershed.

"Spreading awareness and understanding will help people take action to protect our valuable natural resource."

A more enriched understanding of the

variety in each community's watershed needs came from the first Ottawa River Summit and the Great River Project.

Brown reports that a First Nations group from Quebec is interested in partnering with the Riverkeeper for another Ottawa River journey in the summer of 2014. This time, the paddling excursion will celebrate the coming together of First Nations youth communities.

Not only has the Great River Project helped to establish trusting relationships within the watershed, but its heightened environmental awareness will positively impact 1,200 kilometres' worth of community under the same watershed umbrella.

- Allison Haugh, Water Canada



our employees around the world will be participating in RBC Blue Water Community Makeovers to help improve the quality of water in our growing towns and cities. We'll also be announcing the recipients of our 2013 RBC Blue Water Project grants. These grants are part of our 10-year, \$50 million commitment to protect water through the RBC Blue Water Project.

With the help of our dedicated 80,000+ employees and partner organizations globally, we're working to ensure a future with fresh water.

Learn more at rbc.com/bluewater



The City of Brotherly Love is perhaps best known for its Colonial roots, but locals will tell you there's much more to explore in this city of 1.5 million people. Options abound for travellers looking for free things to do in and around the historic district and beyond.

THE ASSOCIATED PRESS

Independent spirit

Two of the city's busiest tourist stops, the Liberty Bell and Independence Hall, are free to visit and located directly across the

street from each other. Getting into Independence Hall, where the Declaration of Independence and the Constitution were signed, requires a timed ticket because of crowds. No tickets are required for the Liberty Bell.



5

Free things in Philly



Right up your alley

In the middle of the Old City neighbourhood's cool art galleries, vintage furniture stores and trendy clothing boutiques is a charming cobblestone lane that has barely changed in 200 years: Elfreth's Alley, often called the oldest continuously inhabited street in America. It was built for carts travelling to the nearby Delaware River waterfront and named for Jeremiah Elfreth, an 18th-century blacksmith who built and rented out several homes there.

Garden of glass

Dream Garden, a jaw-dropping glass mosaic, is close to the historic district but easy to miss unless you know it's there. The magical scene was created with more than 100,000 pieces of iridescent glass by the studios of Louis Comfort Tiffany and was based on a painting by Philadelphia native Maxfield Parrish.





Rocky's road

Make like Philly's fictional prizefighter Rocky Balboa and bound up the Philadelphia Museum of Art's 72 stone steps, then spend a few minutes taking in the picture-postcard skyline view down the tree-lined Benjamin Franklin Parkway. A sculpture of the Italian Stallion, arms raised in victory, at the base of the stairs is a popular spot for photo ops.

Something wild

John Heinz Wildlife Refuge is a 400-hectare oasis located just 1.6 kilometres from the bustle and noise of Philadelphia International Airport. Managed by the U.S. Fish and Wildlife Service, the refuge is free and open from sunrise to sunset year-round. Birdwatchers have documented more than 300 species of birds at the verdant refuge, a stopover for migratory species due to its location along the Atlantic Flyway, and it's one of the only places where locally endangered species of turtles and frogs still live.



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metronews.ca Wednesday, June 12, 2013

Hit the road, app

The number of travel-related apps is somewhat overwhelming. For travellers anxious to weed through the noise here are five that are worth paying attention to.



Google Maps

Google Maps is for people who never want to get lost again. It is not only the best navigation and mapping tool out there for drivers offering traffic information and Google StreetView modes, but the Android version comes with turn-by-turn GPS directions for walking, driving and biking. It even has indoor maps for stores, some hotels and airports, so you can literally plot your entire journey between the front door and the airport gate.





Worldmate

Worldmate is like a travel agent at your fingertips. This free app will organize every detail of your trip itinerary from your flight times to your hotel confirmations. Once you input your travel details it automatically provides destination-specific information, directions and useful tools like a currency convertor and tip calculator. It also syncs to your social network.

Livecity

Livecity app is your man in the know. Whether you're looking for a concert, exhibit, game or play, just type in the city you're in and get a full listing of all the events by location. The database is updated daily. You will have to pay for it, but I would recommend signing up for the premium version so you can avoid having to navigate through the ads.





Gogobot

Gogobot is for people seeking input from friends and people in the know on their travel choices. It is a free iPhone and Android app (and website) that allows you to send queries about a destination to your Twitter and Facebook networks and to the site's own members to amplify the word of mouth request. The result is the opportunity for personalized recommendations on more than 60,000 destinations around the world.

Living Earth

Living Earth comes highly recommended by my friend @MSiddiqi. She has just left on a six month #WrongWay-Round global tour, hitting destinations around the world in the off season. This weather and clock app lets you program in every stop on your journey and with one touch of a button you have a constant real-time update on what to expect when you arrive. It does cost you \$2.99 to download, but the 3D simulation of our planet and the graphics are phenomenal.





Strawberries are the star of the show in this tempting shortcake

This delectable recipe was developed by Ricardo Larrivee, the Montreal-based host of Ricardo and Friends, which aired on Food Network Canada.

You can also make this cake with other berries, such raspberries, blueberries, blackberries and ground cher-

Cake

1. With rack in the middle position, heat oven to 180 C (350 F). Line a 30-by-43-cm (12-by-17-inch) baking sheet with parchment paper, allowing the paper to overhang 2 opposite sides. Butter the **2.** In a small saucepan, melt moist). Let cool on a rack. butter in water. Let cool partially. In a bowl, combine flour, baking powder and salt. Set aside. In another bowl, beat eggs with sugar and vanilla using an electric mixer until mixture is thick and falls from the beaters in ribbons. With mixer on low, add dry ingredients, alternating with butter mixture and sour cream.

3. Spread batter evenly over baking sheet. Bake until lightly browned and a toothpick inserted in the centre comes out clean, about 25 minutes. Let cool partially. Unmould with paper (to help keep cake

4. Trim edges of cake to straighten them. Cut into 2 rectangles (30 cm/12 inches on their longest side).

Filling 1. In a bowl, toss strawberries with 30 ml (2 tbsp) sugar and Grand Marnier. Let macerate for about 15 minutes. In another bowl, whip cream with remaining sugar until stiff

peaks form.

2. Assembly: Lay 1 cake rectangle on a rectangular serving plate, paper side up. Remove paper. Top with half the whipped cream and strawberries. Cover with second cake rectangle. Remove paper. Top with remaining whipped cream and strawberries. Refrigerate for an hour before serving.

THE CANADIAN PRESS

Preparation time: 25 minutes Cooking time: 25 minutes Refrigeration time: 1 hour

Cake

- 175 ml (3/4 cup) unsalted butter
- 175 ml (3/4 cup) water
- 500 ml (2 cups) unbleached allpurpose flour
- 10 ml (2 tsp) baking powder
- · Pinch salt

- 2 eaas
- 300 ml (1 1/4 cups) sugar
- 5 ml (1 tsp) vanilla extract
- 175 ml (3/4 cup) sour cream

Filling

- 1.5 l (6 cups) fresh strawberries, hulled and quartered
- 125 ml (1/2 cup) sugar, divided
- 15 ml (1 tbsp) Grand Marnier
- 500 ml (2 cups) 35 per cent cream



ne shortcake recipe makes 12 servings the associated press,

Cocktail of the Week

C'est la vie

- 2 strawberries cut into quarters
- 1.5oz Grey Goose vodka
- .5oz simple syrup
- . 5oz freshly squeezed lime juice
- 2 large basil leaves
- 2 cracks or dashes of black pepper

Muddle strawberries in base of a shaker, add ice and remaining ingredients. Shake well and fine strain into a stemless martini glass.

RECIPES & PHOTOS COURTESY OF THE GREY GOOSE LOUNGE AT MUZIK IN TORONTO





metr⊕ **WORK/EDUCATION**

Finding the perfect fit. What to hone in on during your internship hunt



Still looking for work? For both students and new grads, internships provide a distinct opportunity to acquire industry-specific work experience and training, as well as to build important professional connections.

But while a good internship can certainly lead to a permanent job, it can sometimes be a bit tricky to figure out the right internship for you.

Here are a few things to consider before jumping into the internship race.

The quality of the internship

Not all internships are created equal, and while most will offer substantial networking opportunities, the quality of the skills training offered by an internship will vary from company to company. We've all heard the stories of bright, young students and new grads landing prestigious intern-ships — only to spend their days making coffee runs and sharpening pencils. Although this sort of work is sometimes unavoidable, you should always dig a little deeper when applying for an internship to find out exactly what kind of work you'll be doing.

The chances of getting hired

after your internship

Most interns hope to be hired for a full-time job following their internship. While some companies have a good record of hiring interns following the end of their terms, others are more likely to simply replace outgoing interns with new ones.

Browse popular social media sites, like Reddit, or try and contact former interns to find out the chances of being hired full-time after your internship. Make sure you're aware of a particular company's hiring reputation before you apply.

Are you a student or a graduate?

Finally, the type of internship you choose to pursue should depend in part on whether you're a student or a graduate.

If you're a recent grad, you should be on the lookout for internships that promise relevant skills training and/or a reasonably high chance of being hired permanently.

If you're still a student, then you can afford to be a bit less picky. Your main concern should be to get as much experience as possible.

JUSTIN LOUIE / TALENTEGG.CA

Invest your best in the rest of your internship

It ain't over till it's over. Don't drop the ball now that you have put in some time with your new team. Keep it up for the chance to book a bright career!

CASSANDRA **IOWFTT**

You're a little over a month into your summer internship and you only have a few more to make a real impact — both on your career and your employer. What should you do?

We asked three top employers for their tips and advice about how you can make the most of your summer job or internship while there's

Darren MacDonald, Talent supply manager at Procter & Gamble

Top 3 summer internship

- 1. Do not miss the chance to learn about and engage with other functions throughout your internship — it is a great way to find out where you fit best.
- Seek to understand then be bold. Once you have taken the time to understand a problem, don't be afraid to challenge the status quo.
- 3. Work hard, play hard. Internships should be chal-



lenging, but they should also be a lot of fun. Invest the time to get to know your fellow interns outside of

Lauren Larose, HR marketing and communications advisor at Suncor Energy

Top 3 summer internship

- 1. Get involved as much as you can by participating in social events, helping to organize employee events, raising money for a charity the company sponsors, etc. Making great connections
- 2. Don't be shy. Your boss wants to keep you happy and

engaged, so don't be afraid to take on more if you're getting things done quickly or let them know when you're

3. You're there to learn. Ask for feedback from your boss and your colleagues about your performance and what you could work to improve in the future.

Lori Billing, Assistant HR manager of Talent Acquisition at

Top 3 summer internship

1. Create a goal plan and own it. Your internship isn't just a summer job — it's a chance

Yours for the taking

Your internship isn't just a summer job — it's a chance to experience what it's like to work for a company where you own your results.

Lori Billing
Assistant HR Manager, Talent Acquisition

to experience what it's like to work for a company where you own your results. We set goals that our interns work toward throughout the summer, but interns can also add their own goal to achieve something that is important to them. At the end of the summer, you want to be able to point to an accomplishment and say "that was me
— I did that!"

- 2. Get involved with something outside your job description. Not only does this allow you to show your leadership and initiative, it also helps to build your network at the organization.
- 3. Build relationships. With your team, with your boss, with your boss's boss, with your HR contact — people should know who you are and what you are working on, and should hopefully have great things to say about both!

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GLOBAL TALENT FUELS LOCAL ECONOMY

With the National Capital Region experiencing many of the same chronic shortages of skilled labour that plague other parts of Canada, an employer-led nonprofit group offers an effective solution.

Hire Immigrants Ottawa (HIO) provides employers with the research, contacts and training they need to harness the skills and competencies of recent immigrants to Canada. Created in 2006 and funded by the provincial and federal governments, HIO engages a wide range of stakeholders, including public-sector agencies, private companies and nonprofit groups. HIO follows an approach that's all business.

"From our perspective, employing immigrants is an economic issue, rather than a social-justice issue," says Henry Akanko, HIO's director. "Employers and the local economy both benefit when immigrants secure jobs that match their education and experience."

HIO works closely with the Ottawa Job Match Network, which maintains a database of more than 1,000 internationally trained potential employees. To ensure that local employers can make the



most of global talent, the organization also provides labour-market research and specialized training for employers. This

summer, HIO offers a series of no-cost cross-cultural training courses for anyone with HR responsibilities. The training

helps organizations benefit from the increasingly diverse labour market.

A growing pile of evidence indicates that employers in the National Capital Region, like those across Canada, face significant long-term human resources challenges. Demographic trends will lead to a smaller workforce, as unprecedented numbers of workers retire, birth rates continue to decline and fewer workers enter the labour market. Immigration is now responsible for all net growth in Canada's labour force. At the same time, demand for skilled labour continues to grow. According to a report by the Conference Board of Canada, the underutilization of recent immigrants costs the national economy several billion dollars each year. Another trend — the increasing popularity of Ottawa as a destination for recent immigrants — points toward an economic opportunity.

"Our organization provides the help that employers need to find and fully benefit from the experiences of skilled immigrants," Akanko says. "It's good for workers, good for businesses and good for the regional economy."

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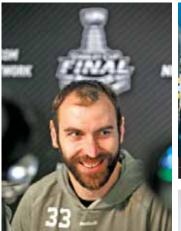
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SPORTS









From playoff TKOs to the cusp of a cup

NHL playoffs.

After first-round exits a year ago, Bruins and Blackhawks show they've learned from heartbreak

Jonathan Toews secondguessed everything after he and the Chicago Blackhawks bowed out of the Stanley Cup playoffs in the first round each of the past two years.

Winning it all in 2010 was little consolation.

"You start asking yourself so many questions of why you're not having the same success," Toews said. "It's easy to ask yourself a lot of questions and

Salactive memory

"I'm drawing on the experiences from 2010. I know that I've been here before, my teammates have been here before."

Chicago forward Patrick Sharp on the Blackhawks' last championship season.

spin your wheels a little bit."

Shawn Thornton couldn't bring himself to watch a single playoff game a year ago after he and the Boston Bruins were eliminated by the Washington Capitals in the first round.

"It's too painful," he said. "I remember the feeling of getting knocked out."

Painful as those playoff exits were, the Blackhawks and Bruins are back in the Stanley Cup final in large part because of those stumbles. These are

veteran teams armed with a wealth of experience that they used to come back from the brink of elimination to move within four victories of another title.

"I think you realize that anything can kind of happen," Bruins centre Chris Kelly said. "I think this group has experienced a lot in such a short time. I think just playing how many Game 7s we've played and we've been fortunate enough to sweep a few teams and just knowing that it doesn't matter what happened in the game before, it's the next game regardless of if it's a win or a loss."

The Bruins have 17 players back from the 2011 cup team while eight remain from the Blackhawks' championship run three years ago.

Experience, like leadership, is an intangible asset that's difficult to quantify.

"I think mentally just knowing you've been in this situation before and maybe there's a sense of calmness," Chicago's Duncan Keith said. "I'm going to try to use every bit of experience I can, whether that's knowing the pressure that comes with being in a final or just how hard it is to win."

THE CANADIAN PRESS

Tennis

Monfils' knee holding up in comeback bid

Gael Monfils beat fifthseeded Milos Raonic 6-4, 6-2 in the first round of the Gerry Weber Open on Tuesday, the latest step in the Frenchman's comeback from a knee injury.

Once ranked as high as No. 7 in the world, Monfils, who is now ranked 67th, missed several months in 2012 because of a rightknee injury.

THE ASSOCIATED PRESS

MLB

Big Apple boys to pick Home Run Derby competitors

David Wright and Robinson Cano are going to give the Home Run Derby a New York feel.

Wright, the third baseman for the Mets, this year's all-star hosts, has been named captain of the National League team. Cano, of the Yankees, is going to lead the AL squad for a second straight year.

THE ASSOCIATED PRESS

CHL

Branch announces end of Euro goalies

Foreign goaltenders are on the way out in the Canadian Hockey League.

The national governing body for junior hockey announced on Tuesday that the CHL's 2013 import draft will be the final opportunity for member clubs to select European goaltenders.

"In partnership with Hockey Canada, the CHL has identified the need to further develop Canadian goaltenders by providing increased opportunities for them to compete in our league and succeed at the next level," said CHL president David Branch in a statement. THE CANADIAN PRESS



Garcia reaches out to Woods at U.S. Open

Golf feud. Spaniard sends rival written message in hopes of quashing dispute

Unable to arrange a private meeting, Sergio Garcia left Tiger Woods a note in his locker Tuesday at the U.S. Open with hopes of moving on from his racially charged comment and getting back to playing

"I did leave him a note - a handwritten note," Garcia said. "And hopefully, he can take a look at it. It's a big week and I understand that it's difficult to meet up and stuff. So hopefully, I'll be able to do it. If not, at least he has read the note and he's happy with that.'

The note presumably was an apology — Garcia said it would be up to Woods to share the contents.



It was the latest — and perhaps final - chapter in a messy feud that ended badly for the Spaniard when he jokingly said at an awards dinner in England that he would invite Woods over for dinner during the U.S. Open. "We will

COURTESY OF THE GOLF CHANNEL/THE ASSOCIATED PRES

serve fried chicken," Garcia said.

He apologized to Woods and everyone he offended in a news conference the next day and said he left a message for Woods through his agent.

Garcia approached him on

the practice range Monday at Merion for a handshake, and

'We didn't discuss anything," Woods said. "Just came up and said, 'Hi,' and that was

Asked if Garcia apologized, Woods said, "No. It's already done. We've already gone through it all. It's time for the U.S. Open, and we tee it up in two days.

That handshake might be their only meeting this week.

Garcia said the range on Monday was not the right time to apologize to Woods, but that the world's No. 1 player was gone when Garcia was done practising, and the opening day of U.S. Open practice was delayed three times by rain.

They are on opposite sides of the draw - Garcia plays Thursday morning and Friday afternoon, Woods tees off Thursday afternoon and Friday morning. THE ASSOCIATED PRESS

NFL

It's Tebow Time in **Foxborough**

Tim Tebow is back on the field with an NFL team the New England Patriots.

The Patriots announced the signing of the former Jets quarterback on Tuesday, six weeks after he was cut by New York and just in time for the start of the three-day Patriots mini-camp that runs through Thursday.

Tebow practised with veteran New England starter Tom Brady and backup Ryan Mallett. The newest Patriot wore No. 5, not his familiar 15 — which belongs to Mallett - on his shorts and helmet. The QBs wore red jerseys without numbers.

"First and foremost, I just want to thank the Patriots for giving me an opportunity. I'm very thankful,' Tebow said on the field after practice. "It's such an honour to be a Patriot and play for coach (Bill) Belichick and for coach (Josh) McDaniels, learn under Tom (Brady), and be a part of this very successful franchise.'

Two people with knowledge of the deal told The



Associated Press that Tebow was signed for two years with no guaranteed money. One person says he will make the veteran's minimum salary, \$630,000 in 2013, with incentives.

The people spoke on condition of anonymity because terms of the deals had not been announced.

ESPN first reported terms of the signing.

"Anything we do, we feel is in the best interests of the team," Belichick said at a standing-room-only news conference before practice. "We'll see how it goes."

THE ASSOCIATED PRESS

NHL PLAYOFFS

STANLEY CUP FINAL

(BEST-OF-7; All Times Eastern) CHICAGO (1) VS. BOSTON (4)

Wednesday's game Boston at Chicago, 8 p.m. Saturday's game Boston at Chicago, 8 p.m. Monday, June 17 Chicago at Boston, 8 n m Wednesday, June 19 Chicago at Boston, 8 p.m. Saturday, June 22 x-Boston at Chicago, 8 p.m. Monday, June 24 x-Chicago at Boston, 8 p.m. Wednesday, June 26 x-Boston at Chicago, 8 p.m. x — played only if necessary

SCORING LEADERS

Krejci, Bos	9	12	21
Horton, Bos	7	10	17
Malkin, Phg	4	12	16
Letang, Phg	3	13	16
Crosby, Phg	7	8	15
Sharp, Chi	8	6	14
Hossa, Chi	7	7	14
Kane, Chi	6	8	14
Bickell, Chi	8	5	13
Voynov, LA	6	7	13
Carter, LA	6	7	13
Marchand, Bos	4	9	13
Lucic, Bos	3	10	13

NBA PLAYOFFS

FINALS

(BEST-OF-7: All Times Eastern) MIAMI (1) VS SAN ANTONIO (2)

(Series tied 1-1) Tuesday's result Miami at San Antonio Sunday's result Miami 103 San Antonio 84 Thursday's result San Antonio 92 Miami 88 Thursday's game Miami at San Antonio, 9 p.m. Sunday's game Miami at San Antonio, 8 p.m. Tuesday, Jun. 18 x-San Antonio at Miami, 6 p.m. Thursday, Jun. 20 x-San Antonio at Miami, 9 p.m.

MLB

EAST DIVISION

AMERICAN LEAGUE

	W	L	Pct	GB	
Boston	40	25	.615	_	Atlanta
New York	37	26	.587	2	Washin
Baltimore	36	28	.563	31/2	Philade
Tampa Bay	34	29	.540	5	New Yo
Toronto	27	36	.429	12	Miami
CENTRAL DIVISION					CENT
	W	L	Pct	GB	
Detroit	35	27	.565	_	St. Lou
Cleveland	30	33	.476	51/2	Cincinn
Kansas City	29	32	.475	51/2	Pittsbu
Chicago	28	34	.452	7	Milwau
Minnesota	27	33	.450	7	Chicago
WEST DIVISION					WEST
	W	L	Pct	GB	
Texas	38	25	.603	_	Arizona
Oakland	38	27	.585	1	San Fra

28 37 .431 11 27 37 .422 11½ 22 43 .338 17 Seattle Houston Tuesday's results
L.A. Angels at Baltimore
Boston at Tampa Bay
Cleveland at Texas
Philadelphia at Minnesota

Toronto at Chicago White Sox Detroit at Kansas City N.Y. Yankees at Oakland Houston at Seattle

N.Y. Yankees at Oakland
Houston at Seattle
Monday's results
Baltimore 4 LA. Angels 3
Boston 10 Tampa Bay 8 (14)
Texas 6 Cleveland's
Chicago White Sox 10 Toronto 6
Kansas City 3 Detroit 2
Seattle 3 Houston 2
Wednesday's games
All times Eastern
L.A. Angels (Williams 4-2) at Baltimore
(Hammel 7-4), 12:35 p.m.
Detroit (Verlander 8-4) at Kansas City
(Shields 2-6), 2:10 p.m.
Boston (Aceves 2-1) at Tampa Bay (Archer
1-1), 7:10 p.m.
Cleveland (Jimenez 4-4) at Texas (Tepesch
3-5), 8:05 p.m.
Philadelphia (Cloyd 2-2) at Minnesota
(Pelfrey 3-6), 8:10 p.m.
Toronto (Rogers 1-2) at Chicago White Sox
Csale 5-4), 8:10 p.m.
Toronto (Rogers 1-2) at Chicago White Sox
Csale 5-4), 8:10 p.m.
N.Y. Yankees (Hughes 3-4) at Oakland

(Sale 5-4), 8:10 p.m. N.Y. Yankees (Hughes 3-4) at Oakland (Straily 3-2), 10:05 p.m. Houston (Lyles 3-1) at Seattle (Bonderman

NATIONAL LEAGUE

FAST DIVISION

	W	L	Pct	GB
Atlanta	39	25	.609	_
Washington	31	31	.500	7
Philadelphia	31	33	.484	8
New York	23	35	.397	13
Miami	18	45	.286	201/2
CENTRAL DIVISION				
	W	L	Pct	GB
St. Louis	41	22	.651	_
Cincinnati	38	26	.594	31/2
Pittsburgh	37	26	.587	4
Milwaukee	26	37	.413	15
Chicago	25	36	.410	15
WEST DIVISION				
	W	L	Pct	GB
Arizona	36	28	.563	_
San Francisco	33	29	.532	2
Colorado	34	30	.531	2
San Diego	30	34	.469	6
Los Angeles	27	36	.429	81/2
Tuesday's results				
San Francisco at Pittsbu	rgh			

St. Louis at N.Y. Mets Milwaukee at Miami Cincinnati at Chicago Cubs Washington at Colorado Atlanta at San Diego Arizona at L.A. Dodgers Monday's results Milwaukee 6 Miami 1 Cincinnati 6 Chicago Cubs 2 San Diego 7 Atlanta 6 Arizona 5 L.A. Dodgers 4

Wednesday's games All times Eastern Cincinnati (Leake 5-3) at Chicago Cubs (Wood 5-4), 2:20 p.m. Atlanta (Maholm 7-4) at San Diego (Volquez 4-5), 3:40 p.m. San Francisco (Zito 4-4) at Pittsburgh (Liriano 4-2), 7:05 p.m. St. Louis (Miller 7-3) at N.Y. Mets (Gee 4-6),

Milwaukee (Figaro 0-0) at Miami (Slowey 2-5), 7:10 p.m. Washington (Ohlendorf 0-0) at Colorado (De La Rosa 7-3), 8:40 p.m. Arizona (Corbin 9-0) at L.A. Dodgers (Ryu

6-2), 10:10 p.m.

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2014 Jeep Cherokee



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2014 Jeep Cherokee

- Type. Four-door, front-/fourwheel-drive compact sport utility vehicle
- Engines (hp). 2.4-litre DOHC I4 (184); 3.2-litre DOHC V6 (271)
- **Transmissions.** Nine-speed automatic
- Base price (incl. destination)
 \$28,000 (est.)

Design

It's as if the designers snuck a futuristic concept model out the back door and ordered up full production before any of the higher-ups got wise to the plan. The rest of the sheetmetal appears tame by comparison, but encasing the body in protective lower cladding gives the Cherokee a hand-somely rugged silhouette.



Technology

All but the most basic Cherokee models feature 12.7 or 21-centimetre touch-screens, depending on the trim level, that operate climate, communications and infotainment systems

Engine

Concurrent with its groundbreaking design, the 2014 Cherokee takes a fresh approach with its powertrain offerings. Base models feature a Fiat-designed 2.4-litre four-cylinder worth 184 horsepower and 171 pound-feet of torque.

Review. Old brand back from the dead with a new look, and it's steeped in technology

MALCOLM GUNN

wheelbasemedia.com

Are you shocked and slackjawed about the 2014 Jeep Cherokee that will arrive later this year?

Who can really blame you? After all, it was the immensely popular — and very square — XJ-designated Cherokee that introduced truckloads of buyers to the virtues of four-wheel-drive as far back as 1984. For the next two decades, it remained steadfastly unchanged until the Liberty stepped in for the 2002 model year.

With the Liberty's retirement, however, Chrysler-Fiat's off-road division has resurrected the Cherokee brand, but with a significant — and controversial — shift in direction. For starters, instead of the brick-like original, the latest

model has some seriously modern sculpting going on

ern sculpting going on.

All by itself, the pinched and pointy-nose grille says plenty about the risk that Jeep's designers have undertaken in creating the new Cherokee. Then there are the eyelid headlights that would have been impossible to imagine on any production car, Jeep or otherwise ... until now, that is.

The interior is also as modern as the outside. In the last few years Jeep has switched from utilitarian hard plastic dashboards to creating inviting soft-touch shapes. The split-folding and fore/aft-sliding second-row seat is standard, while an available fold-flat front passenger seat has storage beneath the flip-up bottom cushion.

Front-wheel-drive is the Cherokee norm, but buyers will be able to choose from three different four-wheel-drive setups, depending on trim level. Active Drive I, optional in the Sport, Latitude and Limited editions, is a single-speed unit that kicks in automatically whenever tire

The dash is high-tech and very stylish

sow seat is stanan available foldssenger seat has
th the flip-up botel-drive is the
orm, but buyers
to choose from

slip is detected.

Active Drive II, also available in the same models, comes
with a two-speed transfer case
and is designed for off-road
use with either the four- or sixcylinder engines. However, for
rock crawling and boulder hop-

differential in low range.
All 4x4 systems include Selec-Terrain traction control with five different settings to match the kind of ground

ping, Active Drive Lock, as the

name implies, locks up the rear

you're on (snow, mud, etc.).

Pricing for the base Cherokee Sport will likely start in the upper-\$20,000 range, which sits between the smaller \$18,500 (base price) Compass and the larger \$40,000 Grand Cherokee, effectively providing a brand-new product in a crucial size and price niche.

But what about the controversy? Forget about it. The Cherokee has veered off its traditional path to seek out new worlds and supporters.





Nissan Xterra
Base price: \$33,900



Subaru Outback
Base price: \$30,100



Toyota RAV4 Base price: \$25,400



metroews.ca metronews.ca Wednesday, June 12, 2013

Parts Department

WHEELBASE MEDIA

Get a grip

Driving gloves aren't just for dilettantes who simply want to show off. They keep your sweaty hands off the steering wheel, which gives you a better (and safer) grip. Italian glove maker Fratelli Orsini produces a



wide range of gloves for both men and women made from fine Italian lambskin leather. They include vent and knuckle holes and a snap closure that ensures a proper fit. The company's selection also includes fingerless styles. All are available in small, medium, large and extra-large sizes. Prices range from \$11 US for fingerless versions right up to \$176 for the top-of-the-line cashmere-lined deerskin gloves. Fratelli Orsini products are sold online through leatherglovesonline.com.

Protect your pooch

It's amazing how many people fail to properly secure their pets when hitting the road. To extend some common-sense travel protection to your best friend, consider a Kurgo Tru Fit Smart Harness. This product is manufactured using the same webbed material used to make seatbelts. As well, the adjustable



padded chest plate adds an extra measure of doggie safety and comfort. The harness can also be used when taking your pet outside for a walk. And with the optional zip line, your dog can still safely roam around the back seat. The Smart Harness retails for \$23 US, while the zip line is a \$20 option, or you can purchase both together for \$38. You can check out the complete line of canine restraint systems at kurgostore.com.

Art works on wheels

Models are OK for some, but for others, a classic racing car sculpture, especially one created by Mark Maholm will be a much better choice. His hand-made 1:6-scale labours of love are built with solid resin composites and finished in several coats of acrylic lacquer. Most of Maholm's pieces are more than 60 centimetres in length and weigh about 11 kilograms. His website displays a number of Ferraris, but Maholm has also done some profile pieces as well as a series of 1967 Formula One racecars that include the Dan Gurney Eagle, Lotus 49 and Ferrari 312. Prices vary depending on the complexity of the piece, but start at about \$6,500 US for the 1:6-scale cars and \$800 for the 1:10-scale side profiles. Visit markmaholm.com



A rolling table

As you're no doubt aware, there's an abundance of gadgets you can attach to your



vehicle's trailer hitch other than an actual trailer. One of the latest is the Tailgate Partymate Beer Pong Camping Table. Although the name implies some sort of ritualistic beverage-consuming contest, the real uses for this item include a dining/condiment table, or as a support for portable barbecue. The unit with its 45x90-centimetre twin-table, swing-out design will fit any standard two-inch receiver and weighs in at a chunky 23 kilograms. And when not in use it folds and locks unobtrusively against the back of your car, truck, tall wagon or minivan. The Partymate table sells for \$300 US at tailgatepartymate.com.

Be the best backseat driver you can be

Autopilot. Give that annoying habit a positive spin by adjusting how you handle the driver



PILOT Mike Goetz drive@metronews.ca

The worst back seat drivers are rarely in the back seat. The worst back seat drivers are usually in the front passenger seat, where you can more closely observe and hear how they are supremely irking you, and get you fantasizing about an in-car cattle prod.

But "back seat driver" has become the accepted term for a passenger of any location, who is offering too much driving advice.

Insurance.com recently commissioned a survey on back seat driving, and the responses are, well, entirely predicable.

Who are the worst back seat drivers? Husbands and wives.

The two most annoying things they do? Commenting



on driving speeds. Giving unwanted directions.

But insurance.com offered some useful advice on how "back seat drivers" can voice legitimate concerns without having it sound like a declaration of war. Basically it's not what you say, but how you say it.

For example, if you're the passenger and really disliking the Miles Davis playing on the stereo, don't say something like, "Jazz is a load of preten-

tious elephant dung, appealing only to pompous pseudointellectuals who only pretend to like it," and then violently change the station until you find something by Avril Lavigne or Justin Bieber.

Better, says insurance.com, that you ask the person if they would mind if you change the station.

Or better yet, discuss which kinds of music or artists you both like, and then mutually agree on a select few stations or music genres.

Same thing when the driver is driving too fast. Don't say he or she is driving like a complete idiot.

Or even like an incomplete idiot, because that is just as insulting and actually a more difficult concept to understand.

Rather, say how the speed is making you feel uneasy and unsafe, so you trigger the driver's better nature, and get them to think about how they are responsible for your safety and have the capacity to make you feel better.

I think, and I hope, that navigation systems have lessened the friction between driver and their passengers, when it comes to finding your destination and the best way to get there

But I hope it doesn't totally eliminate that rich communication experience that arises when driver and passenger vigorously debate over which route is the better one to take

As reported by 500 respondents to a survey commissioned by insurance.com

- Comments on drivingspeed.
- Give directions
- Talks too much
- Pushes imaginary brake pedals
- Fiddles with stereo
- Sings and eats messily.

when time is extremely tight.

Oh, how we would miss the tension, the creative adjectives, and the eating of words when your choice ultimately proves disastrous

Like everything, it comes down to basic courtesy and grace, for both drivers and back seat drivers. In that vein, check out this comment from one of the survey's more gracious respondents: "My wife has helped me avoid many an accident by paying attention to the road."



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Summer weather puts the heat on your vehicle

Driving Force. When temperatures soar your tires and engine can fail as a result

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As the weather gets hotter, your car comes under a lot of stress. You can't change the weather, but you can take steps to ensure your vehicle won't leave you stranded.

"Heat brings out failure, because it puts stress on the components," says Ben Spatafora, national director for CarCostCanada.

It's important to check your tires regularly. Along with the air pressure and tread depth, you should also examine the sidewall for any bulges, bubbles, cracks, or cuts. "A slight bulge may be fine in normal driving, but get on the highway when it's hot, and that bulge can explode," Spatafora says.

If you still have your winter tires on, it's time to change them, since they wear much faster in hot weather.

Open the hood and check the belts and hoses. There should be no cracks in the belts, and the hoses should feel similar to a garden hose when you squeeze them (do this only when the engine has cooled completely). If they're too hard or too soft, it's time to replace them. If they crack or break while driving, they'll leave you stranded.

It's a good idea to switch summer windshield washer fluid, which doesn't evaporate as quickly on hot glass. "If the outside temperature is 30C, the windshield could be 50C," Spatafora says. That heat bakes on any road grime, bugs or bird droppings, so summer fluid contains detergents for bet-

ter cleaning.

Modern engine oils are formulated for high heat, but they do break down and provide less protection





it to avoid any engine damage and possibly a break down. PROVID

- Shade is good. Use automotive sun shades on side windows to protect rearseat occupants from sunburn. Don't put a blanket in the window, which obscures your vision.
- **Big no-no.** Never leave children or pets in a parked car. Even with the window cracked open, the interior

can get hot enough to cause brain damage or death, and in only a few minutes if it's really hot outside.

• Coolant not water. Always use engine coolant, not water, since coolant has a higher boiling point and helps resist corrosion.

as they get older, so follow the manufacturer's recommended maintenance. If you drive frequently in stop-and-go traffic, or usually make short trips, follow the "severe use" schedule.

During the oil change, your technician should check the engine coolant strength to be sure it can take high temperatures. If your vehicle has a temperature gauge (not all do), it's normal for the needle to rise slightly in slow-moving traffic, or if you're towing a

But if it rises quickly, or if a red warning light comes on, pull over as soon as you can and shut the car off to avoid the potential for engine damage.





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PURCHASE NECESSARY. Contest begins June 1, 2013 at 39-0:00 da ma. TE dan edus July, 2.013 at 11-59-5 pm. TE. To content to pricing the necessary in the contest period and purchase/finance/lease any new 2012, 2013 or 2014 Chrysler, Jeep, Dodge or Ram vehicle (excluding SRT Viper models). Fifteen (15) grand prizes available to be won, each consisting of a pair of VIP tickets to the 2013 RBC Canadian Open at Glen Abbey Golf Club, July 25-28. Tickets are for July 25-27 ONLY. Approx. retail value: \$2,000 per prize. Mathematical skill-testing question required. For complete contest rules, including no purchase means of entry, go to: www.chrysleroffers.ca/en/canadianopen. 455,625 in Total Discounts are available on the new 2013 Dodge Journey PRT model and consist of \$2,000 Consumer Cash Discount and \$3,625 in Total Discount and \$3,625 in Total Discount and \$3,625 in Total Discount are available on the new 2013 Dodge Journey PRT model and consist of \$2,000 Consumer Cash Discount and the second of the new 2013 Dodge Journey RT model and a new 2013 Dodge Journey RT model and price affect taxes; and (ii) \$1,125 in no-cast options that will be deducted from the negotiated price affect taxes; and (iii) \$1,125 in no-cast options that will be deducted from the negotiated price affect taxes; and (iii) \$1,125 in no-cast options that will be deducted from the negotiated price affect taxes; and (iii) \$1,125 in no-cast options that will be deducted from the negotiated price affect taxes; and (i leased at 4.9% over 60 months with \$4,649 down payment, equals 130 bi-weekly payments of \$99 with a cost of borrowing of \$3,245.66 and a total obligation of \$14,589.90. 22,000 kilometre/year allowance. Charge of \$0.18 per excess kilometre. Some conditions apply, \$2013 Dodge Journey R/T AWD shown. Price including applicable Consumer Cash Discount: \$31,640. **Abased on 2013 Ward's Middle Cross Utility segmentation. **Usep is a registered trademark of Chryster Group LLC. **The StriusXM logo is a registered trademark of SiriusXM satellite Radio Inc.







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*Limited time finance purchase offer available through Volkswagen Finance, on approved credit. MSRP of \$14,990/\$24,990 for a new 2013 Jetta 2.0L / 2013 Tiguan 2.0T base model with 5/6-speed manual transmission, plus \$1,395/\$1,610 freight and PDI, financed at 1.9%/2.9% APR for 84 months equals 182 bi-weekly payments of \$97/\$139. \$0/\$3,730 down payment or equivalent trade-in, due at signing. Cost of borrowing is \$1,127/\$2,428 for a total obligation of \$17,512/\$25,298. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell for less. Dealer order/trade may be necessary. Offers end July 2, 2013 and are subject to change or cancellation without notice. Models shown: 2013 Jetta 2.5L Highline / Tiguan 2.0T Highline R-Line, with options and accessories, \$24,590/\$41,125. Vehicles may not be exactly as shown. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen logo, "Das Auto & Design", "Jetta" and "Tiguan" are registered trademarks of Volkswagen AG. © 2013 Volkswagen Canada.

21. Summer hrs. in

24. Scary Spice, aka

26. Late morning

27. Type of pear

30. Compensates

33. Corporate VIP

37. Beatles album:

38. Rich opposite

39. Nautical ropes

42. Biblical twin of

43. Stirfry pans

41. Mouth, informally

49. Stomach muscles,

50. Providing lines to

51. Arnold Schwarz-

52. Smelting leftovers

54. Brings in the plane

56. Tennis legend,

57. Couture mono-

61. Taurus animal

enegger's middle

31. Big name in

motorcycles

36. Mafia

2 wds.

Jacob's

47. Zing

actors

name

Arthur

gram

59. Bug

commonly

29. "Waterloo" group

Toronto

mealtime

See today's answers at metronews.ca/answers.

Horoscopes

Υ Aries

March 21 - April 20 Make this a relaxed and easygoing day. Certainly don't use up all your energy on career and financial issues. There may be a dozen or more new things you want to do but you can't do them all at once.

Taurus April 21 - May 21

Focus on the good things in life and the bad things won't seem so important. Personal relationships will bring much joy over the next few days.

∐ Gemini May 22 - June 21

You may be hugely talented and highly independent but you don't have to go it alone. The planets make it easy for you to persuade others to help you on whatever quest you have embarked.

9 Cancer

June 22 - July 23

You must think before you act today or you could offend someone you will need to stay on good terms with. You don't have to watch every word you say, of course — just the ones that are potentially hurtful.

Ω Leo July 24 - Aug. 23

You may not be feeling on top of things now but within a matter of days your confidence will return and anything will seem possible.

W Virgo Aug. 24 - Sept. 23

According to the planets you are holding back from doing something because you don't want to harm your reputation. That's never been a problem in the past, so why should it be such a huge problem now?

△ Libra Sept. 24 - Oct. 23

The more someone tries to change your mind about an issue the more you must stand your ground. If others want to follow the latest fad that is up to them but no way will you be one of the herd.

M Scorpio Oct. 24 - Nov. 22

Forget about the wider world and concern yourself only with your family, your friends and the things in life that give you most pleasure. The world will take care of itself.

Sagittarius Nov. 23 - Dec. 21

What worries you yesterday won't worry you tomorrow, so why let it worry you today? Enjoy yourself in whatever way seems right and don't give a thought to the consequences.

V Capricorn

Dec. 22 - Jan. 20

If a loved one says they want to spend some time alone don't take it to mean that they don't like your company. It simply means they need to get their thoughts together in a calmer environment. Let them.

Jan. 21 - Feb. 19 There may have been times in recent weeks when you were not sure you were going to make it, but once again you came out on top and now your confidence is sky-high.

H Pisces Feb. 20 - March 20

A world of possibilities will open up to you over the next few days and by the start of next week you will be moving in a new direction. Just make sure it's the direction that YOU want to go. SALLY BROMPTON

Crossword: Canada Across and Down

19

34

63

Across

1. Nova Scotia town, The Scallop Capital 6. Mr. Neeson 10. Canadian Hip Hop group, -Paz 13. Based on story (As some movies)

14. Alberta town between Edmonton and Calgary

17. Some hotel staff 18. The Family, as in Canadian comic strip For Better or For Worse

19. New Zealand '80s band, Split

Mix (Cat food 20. brand) 22. Terra __flower

pots 23. Adrian of '80s ser-

ies "T.J. Hooker" 25. Tide type 28. Legendary pitcher

Mr. Young's 29. Galore

32. Music genre

34. Get-out-of-jail money

35. Entertain

37. Liable 40. Hit for Quebecoise

singer Mitsou: 4 wds. 44. 1995 Tom Cochrane album: 'Ragged

Road' 45. Easy (Simple) 46. Basset __ (Instru-

ment) 47. Fish of vivid colour

resterday's Crossword

48. Foes to computers 51. Volcano in Japan, Mount

53. 'Fact' finisher 55. Has a lot of work to do

56. Soap opera, " Children": 2 wds.

58. Church section 60. Baseball stat.

63. Carving material

65

18

36

21

20

45

68. Cape Breton National Park 69. Oscar-winning

66. __/_ tray (Item on an office desk)

actress Patricia's surnamesakes

70. Feminine suffix 71. Musical pause

72. Divine

Down

1. Judi Dench's title 2. "I'd consider honour...'

49 50

22

33

46

67

3. Salmon catchers

4. Pal

5. Flunkies 6. Bev. Hills clinic request

60 61

7. Amazed: 2 wds. 8. Carpenter

Hunting" (1997) 10. Flavourful

12. Arm bone

9. Univ. in "Good Will

11. Uprising uproars

15. Minute bit 16. Monk's garb

62. Teensy 64. Road coat

65. Two's half

67. Modern

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	5	3	6	2	8	9	4	7
7	9	4	1	5	3	2	8	6
2	В	6	7	4	9	5	1	3
8	1	7	2	3	6	4	5	9
3	2	5	9	8	4	6	7	1
6	4	9	5	1	7	3	2	8
4	7	8	3	6	5	1	9	2
5	6	2	8	9	1	7	3	4
9	3	1	4	7	2	8	6	5

			3				1	7
	6		5				4	
		2			1	3		
8				5	4			
	7	6				2	9	
			9	6				4
		4	9			7		
	3				2		5	
1	8				9			

Today

23°/12° Variable

Thursday



Know what the weather will be 14 days from now. Check the 14 day trend.

The Weather Network 2013

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